

## Curriculum Vitae

### PERSONAL DATA

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Name : Dr. Shweta Mishra  
Address : 1/114 Jankipuram Extension  
Lucknow (226021)  
Mobile : 9026963624, 9450651071  
Date of birth : 15.07.1980  
Place of birth : Varanasi  
Marital status : Married  
Email : drshwetamishra1979@gmail.com

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### EDUCATION

- P.H.D 2008
  - POST GRADUATION from AGRASEN KANYA PG COLLEGE VARANASI.
  - UNDERGRADUATE B.H.U UNIVERSITY IN 2000.
  - INTER MEDIATE from U.P. Board in 1997.
  - HIGH SCHOOL from U.P. Board in 1995.
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RESEARCH AREA : SOCIAL

Title of the Thesis: Experience Of Loneliness , Social Support and Optimism as Predictor Of Psychological Well Being In Divorcee Women 2008, University Of Lucknow, Lucknow.

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TEACHING EXPERIENCE Total Experience Year 14+(In continuity)

Since : 2008 to 2013 University Of Lucknow

Since: 2013 to Till Date Career Convent Girls P.G College  
Vikas Nagar Lucknow (Till Date)

Teaching Experience in MLPM Program in the session -2010-2011,  
Univeristy of Lucknow, Lucknow.

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### Direct Teaching Experience

S.No	Course	Paper	Mode of Teaching	Name of institution	Period of Experience		
					From	To	Duration
1	BA HONS	PSYCHOBIOLOGY, SOCIAL PSYCHOLOGY, HEALTH PSYCHOLOGY, ENVIORNMENTAL PSYCHOLOGY	LECTURE	DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF LUCKNOW,LUCKNOW	13/10/2008	19/03/2013	Four years five month
2	BA	STATISTICS AND PSYCHOPHYSICS, DEVELOPMENTAL PSYCHOLOGY, LIFE SPAN DEVELOPMENT, PRSONALITY PSYCHOLOGY	LECTURE	CAREER CONVENT GIRLS DEGREE COLLEGE	19/03/2013	Till Date	Nine years three months twenty one days

### **Administrative Experience :-**

- Assistant Superintendent in B.Ed. Entrance Exam Organized by University of Lucknow, Lucknow
- Assistant Superintendent in BA Regular Exams in Yearly and Semester Exam.
- Admission Incharge, Proctorial Member, Grievance cell member, Event Incharge, ect.

### **Examination and Evaluation Experience :-**

- Invigilation Duty in Lucknow University and Career convent Girls Degree College, Lucknow .
- Paper Setter of BA in University of Lucknow, Lucknow.
- Paper Setter in MLPM (Master of Labour and Personal Management) in Law Department, University of Lucknow, Lucknow.
- Evaluation of BA pychology Papers, LLB Hons., MLPA., Examinership of Practical Examination Organized by University of Lucknow, Lucknow.
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### **Invited Lectures National**

1. "KHARRATE SWASTHYA TATHA UPCHAR",SEMINAR 10-MAR-2002, Paper Presentation in Seminar/Conference, SRI. AGRASEN KANYA AUTONOMOUS P.G. COLLGE, VARANASHI
2. "ELDERLY PEOPLE AND MENTAL HEALTH", SEMINAR 26-27-SEP-2013, Paper Presentation in Seminar/Conference ,DEPARTMENT OF PSYCHOLOGY/ UNIVERSITY OF LUCKNOW,LUCKNOW

3. "PROMOTION STRATEGIES FOR MENTAL WELL BEING AMONG WOMENS IN INDIA", SEMINAR 27-SEP-2013, Paper Presentation in Seminar/Conference ,DR. SHANKER DAYAL SHARMA INSTITUTE OF DEMOCRACY/ UNIVERSITY OF LUCKNOW
4. "EXPERINCE OF LONELINESS, OPTIMISM AND PSYCHOLOGICAL WELL BEING IN DIVORCE WOMEN", SEMINAR 29-MAR-2016, Paper Presentation in Seminar/Conference ,DR. GIRI LAL GUPTA INSTITUTE OF PUBLIC HELATH/UNIVERSITY OF LUCKNOW
5. "DOMESTIC VIOLENCE AGAINST DALIT WOMEN AND WELL BEING", SEMINAR 30-31-MAR-2016 , Paper Presentation in Seminar/Conference ,DEPPATMENT OF SOCIOLOGY/ UNIVERSITY OF LUCKNOW,LUCKNOW
6. "HEALTH PROMOTION FOR ELDERLY PEOPLE", SEMINAR 3-7-APR-2017, Paper Presentation in Seminar/Conference , DEPARTMENT OF ECONOMISC/ UNIVERSITY OF LUCKNOW,LUCKNOW
7. "WOMEN EMPOWERMENT AND EDUCATION CHALLENGES AND STRATEGIES" ,SEMINAR 24-25-FEB-2018, Paper Presentation in Seminar , SRI.J.N.P..G. COLLGE LUCKNOW
8. "RESOURCE PERSON (NOMINATE AS A MEMBER OF INTERVIEW BOARD FOR CONTRACTUAL APPOINTMENT OF COUNSELLOR", INTERVIEW BOARD 20-MAR-2016, Resource Person KENDRIYA VIDYALAYA ALIGANJ LUCKNOW
9. "STRENGTHENIG MARITAL RELATIONSHIP BY MANAGING CONFLIICT" SEMINAR 26-30-DEC-2005, Paper Presentation in Seminar/Conference, UNIVERSITY OF LUCKNOW LUCKNOW

#### **Invited Lectures International**

1. "INFLUENCE OF MARITAL CONFLICT ON CHIDREN", NTERNATIONAL SEMINAR 18-19-JAN-2014, , Paper Presentation in Seminar/Conference, MAHATMA GANDHI KASHI VIDHYA PEETH VARANASI
2. "ISSUE AND CHALANGES OF MAENTAL HEALTH: IN INDIA", SEMINAR 5-7-FEB-2016, Paper Presentation in Seminar/Conference, DEPARTMENT OF ECONOMICS/UNIVERSITY OF LUCKNOW
3. "ROLE OF MATERIALISM IN QUALITY OF LIFE AND SATISFACTION", SAMINAR 12-13-MAR-2016, Paper Presentation in Seminar/Conference, MAHAMAYA GOVT. DEGREE COLLEGE MAHONA LUCKNOW
4. "KALAM AND VISION 2020" SAMINAR 8,9,10-APR-2016, Paper Presentation in Seminar/Conference, MINISTRY OF HRD GOVT. OF INDIA

#### **Other Relevant Information**

1. ONE DAY SYMPOSIUM ON INTERNATIONAL WOMENS DAY ORGANIZED BY RADHEY SHAM DEGREE LUCKNOW UNIVERSITY ON 08-MAR-2015
2. PARTICIPATION IN INTERNATIONAL SEMINAR ON CHANGING ECONOMIC AND PROSPECTS OF GROWTH IN INDIA AND SOUTH ASIA ON 5-7 E FEB-2016 ORGANIZED BY DEPARTMENT OF ECONOMICS UNIVERSITY OF LUCKNOW

3. PARTICIPATED IN NATIONAL CONFERENCE ON ROLL OF COMMUNITY PSYCHOLOGY IN CREATING WELL BEING ON 19-20- DEC-2014 ORGANIZED BY DEPARTMENT OF PSYCHOLOGY
4. PARTICIPATED IN NATIONAL SEMINAR ON PROMOTING WELL BEING AMONG ELDERLY AN INDIAN PERSPECTIVE ON 26-27-DEC-2013 ORGANIZED BY CENTER OF EXCELLENCE DEPARTMENT OF PSYCHOLOGY UNIVERSITY OF LUCKNOW
5. PARTICIPATED NATIONAL SEMINAR ON DEVELOPMENT AND DEPRIVATION ON 28-29-NOV-2015 ORGANIZED BY MGKVP VARANASI
6. PARTICIPATED IN NATIONAL SEMINAR ON URBANIZATION AND SMART CITY IN THE LIGHT OF INCLUSIVE DEVELOPMENT ON 7-NOV-2015 ORGANIZED BY VAIGYAN FOUNDATION LUCKNOW

### **PUBLICATIONS:**

- 1) Dr. Bhimrao Ambedkar Evam Dalit, 2012, Dr Ambedkar Chintan Ke Vividh Aayam.
- 2) Elderly People And Mental Health ,2015, Samajik Nirvachan.
- 3) Bachon Par Talak Ke Prabhav,2020, Integrated Research Journal Of Management Sciences And Innovation.
- 4) Lockdown Mein Mahilaon Ki Samajik Va Arthik Bhumika Sangarsh,2020, International Research Journal Of Management Sociology And Humanities.
- 5) Experience Of Loneliness as a Predictor Of Psychological Wellbeing In Divorcee Women,2020, Integrated Research Journal Of Management Sciences And Innovation.
- 6) Domestic Violence Against Women A Review,2020, International Research Journal Of Management Sociology And Humanities.
- 7) Social Support As A Predictor Of Psychological Well Being In Divorcee Women,2020, International Research Journal Of Commerce Arts And Science.
- 8) Social Support And Optimism As A Predictor Of Psychological Well Being In,2020, International Research journal Of Management Sociology And Humanities.
- 9) Experience Of Loneliness, Social Support And Optimism As a Predictor Of Psychological Well Being In Divorcee Women,2020, International Research Journal Of Management Sociology And Humanities.
- 10) Experience Of Loneliness And Optimism And Optimism As A Predictor Of Psychological Well Being In Divorcee Women,2020, International Research Journal Of Management Sociology And Humanities.
- 11) Experience of loneliness And social support As a Predictor of Psychological Well Being in Divorcee Women, 2022, International Journal of Research and Analytical Reviews (IJRAR).

**Dr. Shweta Mishra**